



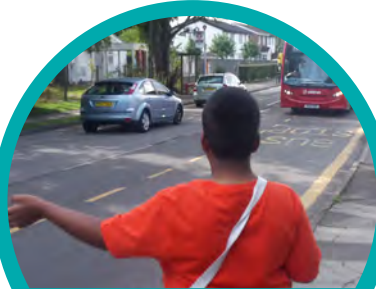
Beginner

Our beginner package is aimed at people who have little to no experience of travelling independently and is a great course to introduce someone to the idea of independent travel through one to one training.

Including:

- ✓ Introduction to independent travel and why its important
- ✓ Different types of road crossings and how to use each one
- ✓ Practice of each type of road crossing
- ✓ The safest places to cross the road
- ✓ Introduction to how to use the bus
- ✓ Introduction to my Oyster card
- ✓ Pavement skills
- ✓ Landmarks and Clues - Knowing where I am
- ✓ Safe strangers
- ✓ Top tips for safe travel

Course time: 12 Hours Cost: £460



Skilled

Our skilled package is aimed at people who have some experience of travelling independently but still has lots to learn. This is a great course for someone who wants to develop their independent travel skills further.

Including:

- ✓ Personal safety skills
- ✓ Problem solving
- ✓ Safe and unsafe places
- ✓ Travelling in the dark
- ✓ Reading bus or tube timetables and maps
- ✓ Following directions
- ✓ Using the bus and tube

Course time: 8 Hours Cost: £340



Advanced

Our advanced package is aimed at people who are already quite independent but may need to brush up on their safety skills or problem solving skills.

Including:

- ✓ Confidence building
- ✓ Safe and unsafe places, people, and scenarios
- ✓ Asking for help
- ✓ Using a help card
- ✓ Getting lost challenge
- ✓ Planning a route
- ✓ Using apps to plan a journey

Course time: 6 Hours Cost: £280



Bespoke

If you would like a more bespoke program of travel skills then a travel trainer can meet you to find out what you will need support with and how long it will take you to learn.

This option is great for someone who wants to learn a specific route, whether it's to school, a relative's house, or both.

Your tailor-made package will include:

- ✓ A set number of hours training based on our Travel Skills assessment
- ✓ A Travel Skills plan for your route
- ✓ One follow up session post-independence
- ✓ Access to on call telephone support once training is complete

Course time and cost will be based on assessment

All costs include:

- Travel time to and from all locations
- Assessment plus resources and report
- Attendance of meetings
- Personalised Travel Skills plan

Included free of charge:

- Access to Ealing Mencap's expertise and training resources
- Access to on-call support once training is complete
- All administration work